

In this Issue:

- Bike to Work Week Prizes!
- Do you need a cell phone to ride?
- Membership Form

Officer Report- we are seeking a new secretary, please contact the club email ([rbbccclinton@gmail.com](mailto:rbbccclinton@gmail.com)) if you are interested or would like more information.

Club Officers:

Co-President – Chad Jensen

Co-President- Annis Bear

Treasurer- Randey Meir

Membership- Joe Raymaker

RAGBRAI Chair- John Fah

Newsletter- Zane Pennock

Upcoming RBBC Ride Schedule:

- May 13th-18th: Bike to Work Week
- May 16th: RBBC Board Meeting, 7PM, McKinley Street
- **May 18th: Full Moon Ride and Bike to work week celebration! 6PM Elijah Buell Terrace, down to Legends.**
- June 3rd: Rec Trails Advisory Committee, 5PM City Hall (Open to anybody)

Greetings all! Next week is National Bike to Work week and we are going to try something new this year and are hoping to give away some prizes! Here is all you have to do:

1. Ride your bike to work
2. Take a picture of your bike in front of your place of work.
3. Post the picture on Facebook and tag: [Riverbend Bicycle Club](#) and [#nationalbiketoworkweek](#) you have to tag BOTH!

That's it! We will be giving away \$50 in River City gold to the person who bikes the furthest AND we will be doing additional drawings for anybody who participated, these will be more river City gold and some prizes from the Bicycle Station!

The event will go from Sunday the 12th to Saturday the 18th! We will finish off the week with a full moon ride down to Legends on the 18th to cap the week off and draw for the prizes!

**NEXT MEETING: Thursday May 16th, 7PM McKinley Street Tavern.**

## Movers and Shakers

Trails and bicycling infrastructure do not develop out of thin air. Because May is National Bike Month here are some of the organizations from near and far that have worked to make an impact on cycling.

### **People for bikes**

In 1999 People for Bikes started fighting to make the case that when you enjoy good riding experiences great things follow. Leading to happier, healthier people and communities. Focusing on local and federal funding opportunities to help make the necessary improvements. They also work with law makers at every level from local communities to Washington to help shape the laws that directly impact cyclists.

Recently they have begun organizing DRAFT meetups. A series of meetup social events working to bring communities together to celebrate cycling. Just last month they hosted an event in Cedar Rapids.

### **Rails to Trails**

In a time before cars the most common means of cross country travel was trains. Because of this rails bisected the country many times over. In the years since rail transit has decreased significantly, leaving abandoned and forlorn tracks. But Rails-to-Trails is working to give these leftover lines a second life. Since 1986 RTC's mission to increase active transportation has led to 31,000 miles of trails being constructed.

### **League of American Cyclists**

A nationwide organization who aims to bring people together through cycling. Their approach to cycling emphasizes the impact that bicycling can have on our communities. Safer, more connected, cleaner, environmentally friendly and economically stronger. The League was founded in the 1880's and then known as the "League of American Wheelmen". At their inception they worked to overcome rutted roads and challenge from horsemen and wagon drivers and have been fighting to improve riding conditions ever since.

Recently the League has worked hard to help to create the necessary framework to allow communities to thrive. This framework has become the most accepted way to quantify a communities approach to bicycling infrastructure. The metric is called 'Bicycle Friendly Communities', it's six pillars are Education, Engineering, Enforcement, Encouragement and Evaluation.

### **Iowa Bike Coalition**

Promoting safe and enjoyable bicycling in Iowa through educational events, better policies and creating a supportive community. Working with local governance to encourage and facilitate the development quality multimodal facilities. They also work to promote local cycling communities, through their website you can find local bike shops, clubs as well as where to find bicycle friendly business. They host a few yearly rides as RAGBRAI Prep.

### **FORC QC**

A non-profit in the Quad Cities solely focusing on promoting mountain bicycling opportunities through education, advocacy, stewardship and community building. They have a dedicated group of volunteers who work to develop trails and maintain existing trails. They are constantly developing trails through the QC area. They host a few yearly events and their website is regularly kept up to date regarding the status of the trails following storms.

While the mission of many of these groups vary one commonality is the focus on building a community. Communities provide strength in numbers and give groups a voice and they provide support. Most important these groups help provide us with an opportunity to enrich our lives and give us places to ride.

RIVERBEND BICYCLE CLUB MEMBERSHIP FORM

Membership is January 1 to December 31

Full name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone number: (\_\_\_\_\_) . \_\_\_\_ . \_\_\_\_\_

E-mail address: \_\_\_\_\_

We do not share your email address. It is used exclusively for club use only. You will receive newsletter via email from RBBC. ( ) Check if you wish to receive your monthly newsletter via postal mail. Please list additional family members for family memberships: \_\_\_\_\_

\_\_\_\_\_ I and any family members listed above understand that the RiverBend Bicycle Club, its officers, and activity leaders are not insurers of my personal safety. I understand that bicycle riding has personal risk and I thus release them from any and all liability arising from any personal injury, property damage, loss or inconvenience resulting from participating in RiverBend Bicycle Club activities or rides. All cyclists ride at their own risk and are advised to wear a helmet.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Signature of parent or guardian is required if primary member is under 18)

Please check all that apply:

- I do not want to be included in the membership directory
- I am a member of the Iowa Bicycle Coalition
- I am a member of the Ride Illinois
- I am a member of the League of American Bicyclists

Choose one of the following membership levels:

- Single yearly membership: \$15.00
- Family yearly membership: \$20.00
- Business yearly membership: \$30.00

Total amount: \_\_\_\_\_

Please make checks to RBBC and mail to:  
RBBC/membership  
PO Box 1571 Clinton, IA 52733